

## Chulabhorn Graduate Institute Announcement on Measures to Prevent the Prevalence of COVID-19

As it is evident that the prevalence of COVID-19 has continued unabated, and as the Ministry of Public Health has declared COVID-19 to be a deadly communicable disease, the Institute fully realizes the serious dangers and damages being caused by the virus. It is thus deemed imperative to initiate measures to prevent its spread, so that it does not affect the health of the academic staff members, students and support personnel of the Institute. For this purpose, the following measures are hereby issued.

- 1. In view of the need for the prevention of, and surveillance on, the spread of the disease among the personnel of the Institute, which operates under Chulabhorn Royal Academy, the Chulabhorn Royal Academy Announcement on Measures to Prevent the Prevalence of COVID-19, as first amended on 4 March 2020, must be strictly followed. The Announcement prohibits the Chulabhorn Royal Academy personnel from traveling to, or in transit through, the countries or territories where there exists a risk of infection with COVID-19.
  - 2. Internal measures to take care of the students and personnel of the Institute:
- 2.1 The students and personnel must follow the ways/measures prescribed by the Ministry of Public Health against the disease. In case they have developed unusual symptoms or estimated that they have been exposed to risk of infection, they must report for preliminary screening to Chulabhorn Hospital, or any other hospital, as may be deemed appropriate.
- 2.2 The Institute has arranged for the supply of alcohol gel and liquid soap at various points in the Institute building for the students and personnel to clean their hands with before entry into the building.
- 2.3 The Institute has arranged for the cleaning and disinfecting every 1-2 hours various high-touch surfaces including inside and outside elevator push-button panels, door knobs, staircase rails, and other high-touch surfaces with sanitizing wipe and spray alcohol.
  - 3. Measures to encourage the students and personnel to take care of their health:
- 3.1 The students and personnel must take care of their general health to reduce infection risk by, for instance, measuring their own body temperature and cleaning their hands with sanitizer gel alcohol very time they enter the building, office or canteen.

The use of hygienic masks must be in compliance with the recommendations on using masks for the prevention of the contagious COVID-19 issued by the Thoracic Society of Thailand on 3 March 2020, as follows:

- All those suffering from a cold fever must wear hygienic mask and must do this on a habitual basis even after the COVID-19 infection threat has been completely eliminated.
- Those who have a record of traveling to a risk area or being close to risk persons must wear hygienic masks even though they do not show any symptoms.
- Those who have to take care of the above-mentioned persons must wear hygienic masks.
- Those intending to contact a hospital for any reason should avoid doing so. If this contact is really necessary, they must wear hygienic masks every time they come into contact with a hospital.
- Wearing, taking off, and getting rid of all types of hygienic masks must be properly undertaken. In particular, to get rid of a used mask, one has to put it into a plastic bag and tidily tie the bag before dumping it into a dustbin, and then clean one's hands with sanitizer gel alcohol or soap to reduce the spread of the disease.

3.2 The students and personnel must fully realize the importance of taking care of their own health, avoiding all risk factors leading to their infection with the virus, or following the relevant information through the Institute's Intranet and E-mail. They must live a careful life by adhering to the rule of conduct "eating hot food, using a separate spoon for a common dish, and frequently washing hands". Moreover, a hygienic mask must be put on when visiting a crowded area. Those with exposure to infection risk must consult a doctor and take responsibility for oneself as well as others.

The Announcement is hereby made, and cooperation sought in strictly following it.

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